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At Alba Therapies we offer a variety of services to assist you in feeling your best both physically and mentally. We offer the following services in order to achieve that aim:

- Chinese Medicine
 - Acupuncture
 - Acu Laser (acupuncture using laser instead of needles)
 - Chinese Herbs
 - Remedial Massage
- FB.init("845a2ca16e8dcc4c8286f9888d7697bc");Alba Therapies on Facebook